

Heartfelt Catering has a great selection of menu items for your Shower or First Birthday Celebration. Let us help you create your memorable occasion with delicious, fresh food and great service. Contact us today at 312.489.3876 or via email: [info@HeartfeltCateringChicago.com](mailto:info@HeartfeltCateringChicago.com)

## Menu Options

### Brunch Selections

*Blackened shrimp or blackened farm raised catfish and grits. Served with sweet potato french toast, fresh fruit syrup, smoked bacon and fresh fruit tray*

*Your choice of egg casseroles. Served with oven roasted potatoes, assorted bread breakfast with seasonal preserves, fresh fruit and house made granola with honey Greek yogurt*

#### **Egg casserole choices**

*Country: Smoked bacon, ham or sage sausage*

*Greek: Spinach, tomatoes, red bell pepper and crumbled feta cheese*

*Veggie: Broccoli, onions, red bell pepper and mushrooms*

*Three cheese*

### Salad Selection

*Chicken salad with curry dressing or Waldorf salad with poached chicken breast. Served with Spinach salad topped with mushrooms, red pepper, shaved red onion, gorgonzola cheese and dried cranberries tossed in house balsamic vinaigrette, Broccoli salad and Fresh seasonal fruit salad. Bread and cracker basket with whipped butter*

### Afternoon Tea Selection

#### **Southern style**

##### First course

*Cornbread muffin*

*Lemon blueberry scone*

*Honey butter and spiced cream*

##### Second course

*Fried chicken tender & biscuit*

*Black-eyed pea cake*

*Pimento cheese*

##### Third course

*Bourbon pecan tart*

*Seasonal fruit tart with streusel topping*

*Key lime tart*

#### **Traditional style**

##### First course

*Gingerbread scone with lemon glaze*

*Cranberry-orange scone*

*Fresh fruit preserve and cream*

##### Second course

*Cucumber & dill on whole wheat*

*Poached wild salmon with herbed goat cheese spread on sweet potato crostini*

*Chicken salad on roasted garlic-rosemary cracker*

##### Third course

*Chocolate cupcake with chocolate ganache*

*Seasonal fruit tart with streusel topping*

*Bourbon pecan tart*





## Shower and First Birthday Menu

### Dessert selection

Chocolate espresso tarts  
Bourbon pecan tarts  
Key lime tarts with lime zest garnish and fresh whipped cream  
Seasonal fruit tarts with streussel topping  
Sour cream pound cake with fresh berries and fresh whipped cream  
Grilled seasonal fruit with fresh whipped cream  
Cake pop reveal or unisex decorated  
  
Smash cake  
Birthday cake

### House Beverage Selection

Fresh watermelon limeade  
Fresh strawberry lemonade  
Fresh squeezed lemonade  
Spiced sweet tea

### Snack selections

**Make great hostess gift and can be customized with your “special occasion sticker”**  
Black-eyed pea dip with fresh cut sweet potato chips  
Spiced assorted nuts  
Fresh organic popcorn seasoned with sea salt  
Granola bars

### Kids Menu (5 and under)

#### Choose 2 entree

Mini pizza selection of vegetarian and chicken  
Chicken tenders or chicken wing dings  
Mini all beef hot dogs

#### Choose 2 salads

Broccoli and pasta salad with light cream dressing  
Fresh fruit salad  
Crudite tray with and tzatziki sauce

#### Dessert

Cake pop

**Additional customized menu items are available upon request**

